

# THE FIRST LESSON PLAN

**...Mapping it out**



# FIRST LESSON

## TEACHING THE FIRST LESSON

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Below you will find a template First Lesson plan that outlines a lesson for a young beginner. On the next page is space for you to build your own First Lesson plan with as much detail as you like! The beauty of this template is that you can refine it over time and develop your own collection of First Lesson plans.

**NB: this template is used for a piano lesson but can be used for any instrument.**

	DETAIL	RESOURCES	APPROX TIME
WELCOME	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Checking out the instrument</li> <li>• Ask about their piano at home. Similarities?</li> </ul>		3 mins.
EXPLORING	<ul style="list-style-type: none"> <li>• Up/Down</li> <li>• High/Low</li> <li>• Long/Short</li> <li>• Loud/Soft</li> </ul>	Animal erasers Coloured dots	8 mins.
TANGIBLES	<ul style="list-style-type: none"> <li>• Exploring rote piece 1</li> <li>• Composing own piece (if time)</li> </ul>	Rote piece 1 Diary	10 mins.
WEAVE IN THROUGHOUT	<ul style="list-style-type: none"> <li>• How we use our hands</li> <li>• LH/RH</li> <li>• Finger numbers</li> <li>• Practice review- quick check in</li> </ul>	Paper/coloured crayons etc	6 mins.
GOODBYE	<ul style="list-style-type: none"> <li>• How we do end of lesson-sticker diary</li> <li>• Talk about what they want written in diary as a reminder for home practice</li> <li>• Parent quick chat-playing at home what would be great</li> <li>• Warm Goodbye</li> </ul>	Stickers	3 mins.

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